



Jessy Morrison

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"What a wonderful experience! Thank you, Lorraine. I needed a coach to move my business forward. I found myself stuck, and didn't know why. I could help others move forward, but what was going on with me?"

I thought a coach would be giving me strategies on how to make phone calls to bring previous clients back in, how to present myself in a 60 second infomercial, how to send mail out cards...promos, old hard-sell sales techniques that I had abandoned years before.

On recommendation of a friend who said she (Lorraine) is amazing and like-minded I gave her a call. Wow, she is so into the positive spin and secrets of "The Secret" she helped me become more conscious, and brought me to the next level!

Lorraine grasped where I was weighed down by the 'Responsibility Sandwich' of single parenting my kids as well as senior parent care; and needed a tune up in my own stinkin' thinkin'. I really didn't know what to expect, and I have to say I came away feeling empowered and motivated!

As an energy healer, and a motivator myself I couldn't see where I was now being held back by some tribal beliefs of my own. My kids & clients were mirroring some of my own "subconscious chatter", making it more difficult not easier to move beyond.

Lorraine showed me where my wording could be taken as negative even though that was not how I intended; she demonstrated the implied negative idioms I was using unthinkingly in my pamphlets and promotional material and reframed them. Lorraine helped me think out of the box again, stop working so hard and let the Universe control the synchronicity and get my sparkle back. She woke me up! I was ready!

Empowered by the appreciation that the "positive energy the Universe has to offer" is always right here with me, just waiting to be "tapped" (literally) to help me get out of my own way; she even helped me pick up EFT again, a modality I had abandoned years before as obsolete. Well EFT is mainstream now and so am I.

Thank you for helping me realize that everyone else has caught up, it makes my job so much easier and more fun." (Date: May 21, 2009)